

### Location

The Future Star Lacrosse Camp <sup>(Ltd.)</sup> will be held at the Upland Country Day School, 420 West Street Rd., RD #1, Kennett Square, PA. Upland is located on Rt. # 926 between Newark Rd. and Rt. 82 (1/4 of a mile from New Bolton Center). If the weather is inclement, indoor facilities will be available. Please bring sneakers appropriate for indoor wear.

### Dates and Times

**Monday, June 21– Friday, June 25**

**9:00-11:30: for beginners — advanced players entering Grades 1-9 in the fall**

### What Should I Bring?

#### Boys:

- |               |                           |
|---------------|---------------------------|
| 1. Stick      | 6. Shoulder Pads          |
| 2. Helmet     | 7. Athletic Supporter/Cup |
| 3. Gloves     | 8. Cleats                 |
| 4. Arm Pads   | 9. Sneakers               |
| 5. Mouthpiece |                           |

#### Girls:

- |                        |             |
|------------------------|-------------|
| 1. Stick               | 4. Cleats   |
| 2. Mouthpiece          | 5. Sneakers |
| 3. Protective Eye Wear |             |

### Special Features

- Each camper will receive a free jersey and lacrosse related gift.
- Special guest appearance by a member of the NY Titans Indoor Professional Lacrosse Team

### Rate

\$175 per student

10% Discount for families with more than one camper or/ for participation during both weeks: at Sanford and at Upland.

**Please Make Checks Payable to Future Star Lacrosse Camp**

### Philosophy

The Future Star Lacrosse Camp <sup>(Ltd.)</sup> is designed to give Lower and Middle School aged players a chance to develop at their own pace in an environment appropriate to their developmental age. The intent of the directors is to enhance a lifelong appreciation of lacrosse through fun and competitive drills and games.

**Beginning players** will learn the basics of how to catch, throw, shoot and field ground balls. Basic defense and offense will be introduced as well as the rules of the game.

**Intermediate players** will work to improve their stick handling, passing, shooting, dodging and defensive skills.

**Advanced players** will learn skills that will enable them to improve both their individual and team skills. Ambidextrous catching, throwing and shooting will be emphasized in addition to daily scrimmages.

The overall focus of the camp is to provide quality lacrosse instruction and coaching with an emphasis on good sportsmanship, fair play and fun.

### Registration

First come, first served! Register early to secure a spot in the Future Star Lacrosse Camp <sup>(Ltd.)</sup>. Fill out the application from this brochure and mail to:

Future Star Lacrosse Camp  
117 East Locust Lane  
Kennett Square, PA 19348

Clee Edgar: (610) 444-1267(H) or (610) 444-8118  
Eph: (302) 234-6660(H) or 239-5263 ext 245

[www.futurestarlax.com](http://www.futurestarlax.com)

### The Directors

**J. Clifton Edgar (Clee)** is the Head of the Upper School at Upland Country Day School and a varsity lacrosse coach. Clee is the winningest High School lacrosse coach in Delaware and has won four state championships. Clee was a varsity lacrosse player at North Carolina and graduated with a Bachelors of Arts degree in History. Clee was recently inducted into the Delaware Lacrosse Hall of Fame.

**Edward P. Humphreys (Eph)** is the Head of the Middle School at Sanford and the seventh and eighth grade lacrosse coach. Eph started the varsity lacrosse program at Sanford School and was the head coach for four years. He was the captain of the varsity lacrosse team at Penn State University and a four year varsity letter winner. Eph holds a Bachelor of Arts degree in Education from Penn State and a Masters degree in Educational Leadership from the University of Delaware.

### The Staff

**Katie Conner** started playing lacrosse in seventh grade at St. Stephens and St. Agnes School in Alexandria, VA. In high school, she played defense was named Academic All-American her junior and senior years. (*Senior season ,ranked #5 in the country*) At Williams College, she was named a scholar athlete sophomore, junior, and senior years. Katie currently teaches 5th grade and coaches the Upland JV Girls lacrosse team.

**College Counselors:** The staff will be joined by top college lacrosse players. Most of our counselors were former campers at Future Star Lacrosse Camps when they were younger.

[www.futurestarlax.com](http://www.futurestarlax.com)

**Registration Form For Lacrosse Camp at Upland**

Student's Name: \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

Age \_\_\_\_\_ Grade \_\_\_\_\_ Boy \_\_\_\_\_ Girl \_\_\_\_\_

School \_\_\_\_\_

Ability (Circle) - Beginner~Interm~Advanced

**Emergency Health Information**

Mother's Name \_\_\_\_\_

Day Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Mother's Place of Employment \_\_\_\_\_

Father's Name \_\_\_\_\_

Day Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Father's Place of Employment \_\_\_\_\_

If Parents/ Guardian can not be reached, call:

1. \_\_\_\_\_ Phone # \_\_\_\_\_

2. \_\_\_\_\_ Phone # \_\_\_\_\_

Family Doctor: \_\_\_\_\_ Phone # \_\_\_\_\_

Indicate any serious medical conditions (allergies, asthma, disabilities, chronic illnesses): \_\_\_\_\_

List any medication camper is taking and for what medical condition \_\_\_\_\_

Medical Insurance Company \_\_\_\_\_

Policy Number \_\_\_\_\_

I understand and accept that the risk of injury is possible while playing lacrosse. I authorize the athletic trainer or the directors of the Future Star Lacrosse Camp to act for me according to their best judgment in case of an emergency which requires medical attention. I understand that the Future Star Lacrosse Camp does not provide Medical Insurance and that I will be responsible for all medical expenses incurred.

\_\_\_\_\_  
Parent/Guardian Signature Date

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Kennett Square, PA 19348  
www.futurestarlax.com

**FUTURE STAR  
LACROSSE CAMP**

(Ltd)

At Upland Country Day  
School

For Boys and Girls in  
Grades 1-9

June 21– June 25

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